

Organized by

Balkan Society of Arthroscopy
Sports Traumatology & Knee Surgery



Hellenic Association of Arthroscopy,
Knee Surgery & Sport Injuries

Supported by



7th
Balkan
Congress of

**Arthroscopy
Sports Traumatology
& Knee Surgery**

29th - 01st
September October **2016**

Hotel Porto Palace
Thessaloniki, Greece

1st Announcement



Welcome Address

The Balkan Society of Arthroscopy, Sports Traumatology and Knee Surgery was founded in Sofia in 2014. The idea of establishing this new scientific society came after the positive encouraging feedback by many colleagues around Balkans, who experienced the highly successful outcomes of the Five Congresses (Sandanski - Bulgaria, Ohrid - FYROM, Ankara - Turkey, Novi Sad - Serbia, Sofia - Bulgaria). One more successful congress was held in Banja Luka, Bosnia -Herzegovina.

The Balkan Society of Arthroscopy, Sports Traumatology and Knee Surgery has gone through a very important growth period during the last five years. By understanding the need of the Balkan region to standardize its level of medical education and in order to deliver a premier health care system which ensures high quality patient care, the society has and shall continue to be committed to the constant medical education of orthopaedic surgeons through close collaboration with many National Societies from Balkans as well as from the rest of Europe. The extreme energy and dedication of the past and current Board members enables us to share with you the enjoyment of accomplishment of our priorities: conducting a well organized congress with many invited well-known surgeons, experts in their own fields, and publication of our newsletter and journal .

Our annual congress will be held in Thessaloniki from September 29th to October 1st 2016, in collaboration with the Hellenic Association of Arthroscopy, Knee Surgery & Sport Injuries. You will have the opportunity to attend one of the best scientific programs, which includes Instructional Courses, symposia, keynote lectures, debates, independent papers, live surgeries, posters and a session for various awards.

A city of diverse beauty and hospitable people, Thessaloniki has always been a crossroad of civilizations, a place where the East and West meets, where great cultures and religions have been mixed. Gastronomy, events, world-class heritage sites, shopping are some of the things that visitors can indulge in. The compact size of the city and the walking distance proximity of the top-attractions make Thessaloniki an ideal city-break destination.

Welcome to Thessaloniki!

Hristo Mazkeikov
MD

Director in Orthopaedics
and Traumatology
General Hospital "St. Sofia"
Sofia, Bulgaria
President of the Balkan Society
of Arthroscopy, Sports Traumatology
& Knee Surgery

Christos D. Papageorgiou
MD, PhD

Director in Orthopaedic Sports
Medicine and Shoulder Surgery,
University Hospital of Ioannina, Greece
Vice President of the Balkan Society
of Arthroscopy, Sports Traumatology
& Knee Surgery, President of the
Organizing Committee





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2016

Committees

Balkan Organizing Committee

Cami Ergys, Albania

Darabos Nicica, Croatia

Doral Mahmut, Turkey

Filipescu Doru, Romania

Halvadjian Robert, Bulgaria

Ladislav Kovacic, Slovenia

Mazneikov Hristo, Bulgaria

Manojlovic Slavko, Bosnia-Herzegovina

Milankov Miroslav, Serbia

Papadopoulos Dimitrios, Greece

Temelkovski Zlatko, FYROM

Theodosiou Georgios, Cyprus

Scientific Committee

Alaseirlis Dimosthenis
Antonogiannakis Emmanouil
Badekas Athanasios
Chantes Michail
Chatziemmanouil Dimitrios
Galanis Nikiforos
Giannakopoulos Christos
Giannakovitis Petros
Gkliatis Ioannis
Iosifides Michail
Malliaropoulos Nikolaos
Mehmet Asik
Moebius Ulf
Natsis Konstantinos
Nikolaou Pantelis
Pantazis Evangelos
Papadopoulos Periklis
Papastergiou Stergios
Patsalidis Christos
Samaras Konstantinos
Savvidis Matthaïos
Stefanov Vladimir
Symeonidis Panagiotis
Tsikouras Georgios
Tsoukas Dimitrios
Tzourbakis Matthaïos
Ververidis Athanasios
Vraggalas Vasileios

Local Organizing Committee

Anastasakis Dimos	Mastrokalos Dimitrios
Basdekis Georgios	Motsis Eustathios
Bisbinas Elias	Panovrakos Georgios
Chouliaras Vasileios	Papadopoulos Alexandros
Eleftheropoulos Alexandros	Papadopoulos Dimitrios
Ganatsios Konstantinos	Papageorgiou Kosmas
Gavriilidis Ioseif	Papakostas Emmanouil
Georgousis Charis	Papakostidis Konstantinos
Gigis Panagiotis	Papavasileiou Athanasios
Gouvas Georgios	Plakoutsis Sotirios
Karakitsos Stergios	Plessas Spyridon
Konidis Athanasios	Ristanis Stavros
Koulalis Dimitrios	Santas Rigas
Kouloumentas Panagiotis	Tilentzoglou Athanasia
Kouvidis Georgios	Tokis Anastasios
Kouzelis Antonios	Tzaveas Alexandros
Makris Charalampos	

Volunteers

Bellos Konstantinos	Mantzari Maria
Chalikiopoulos Spyridon	Papanastasiou Vangelis
Chamid Asrafnesad	Tsantes Andreas
Fylaktos Aristotelis	Tsiomita Evita
Giatas Ioannis	Tzelios Ioannis
Kopsidas Spyridon	Ziara Panagjota
Kosmas Dimitrios	



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Topics

Knee surgery and arthroscopy

Treatment of ACL and PCL injuries

Treatment of meniscal pathology and other ligaments

New modalities in shoulder arthroscopy and surgery

Shoulder instability management

Rotator cuff tears repair

Update knowledge in chondral lesions treatment

Physical therapy and rehabilitation for sports injuries

Arthroscopy of small joints

Sports and overuse injuries

Spine endoscopy

Knee arthritis

Hip pathology and arthroscopy



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General Information

Dates

September 29th - October 1st, 2016

Congress Venue

PORTO PALACE HOTEL

26th Octovriou 65, GR - 566 26 Thessaloniki, Greece

Tel.: +30 2310 504504, Email: info@portopalace.gr, www.portopalace.gr

Language

The official language of the Congress will be English

Deadline for abstract submission

July 30th 2016

Registration

Specialists, Residents

100 €

Undergraduate Students*, Nurses

Free

**Proof of status must be submitted to info@globalevents.gr*

The registration fees for Specialists and Residents include:

- Admission to the congress
- Certificate of attendance
- Light lunches
- Congress material
- Admission to the exhibition
- Dinners without beverages

The registration fees for Students and Nurses include:

- Admission to the Congress
- Certificate of Attendance
- Admission to the exhibition

Accommodation Package

Porto Palace Hotel

220€

The package includes a 2 night's accommodation with breakfast and all the taxes

Parking

There is ample free space for parking in the forecourt of the Conference Centre.

Electrical supply

Voltage in Greece is 220 V, at a frequency of 50 Hz.

Plugs are continental style, two-pin. A plug adaptor should be accompanied for all incompatible electric/electronic gadgets to be used.



General Information

Internet

Wi-fi is available throughout the Porto Palace Hotel

Taxis

Taxis may be arranged by the concierge of hotels or the Congress Secretariat. The trip to Makedonia airport takes approx. 30 min. and fare is around 20 € or 30 €. The downtown trip takes approx. 10 min and fare is around 20 €.

Pre-Post tours - Car rental

Various post tours in Thessaloniki as well as in the Northern Greece or islands can be organized. Car rentals may be arranged through the Congress Secretariat.

Mobile telephones

There is excellent coverage for mobile telephones in Greece. The local mobile telephone providers have roaming arrangements with worldwide mobile telephone providers. Please note that in Greece speaking on a mobile telephone, whilst driving is not allowed and if caught it may lead to prosecution. Mobile telephones **MUST** be switched off when inside the scientific sessions.

Emergencies

Whilst in Greece, European Union citizens may seek any help they might need (police, ambulance, fire brigade, coast guard) by ringing from anywhere in Greece the number "112". The number is answered by English-speaking staff, and may be dialed from public telephones or mobile telephones.

Please note, the registration fee does not include medical or any other insurance. In emergency cases, medical services in Greece will be provided at nominal fees, under the National Health Service auspices. However, no transportation to the delegate's home country will be provided.

In case of emergencies, please talk to members of the organizing committee or the congress secretariat for immediate attendance.

Currency - Banking hours

The currency in Greece is the Euro (€). Banking hours are Monday-Thursday from 8:00 to 14:30 and Friday from 8:00 to 14.00. All major credit cards are accepted.

ATM

Automated Cash Dispensers (ATM) are located outside most banks. Cash can be withdrawn there, 24 hours a day. National and foreign Maestro Cards (Cash Cards) as well as Mastercard, American Express, VISA and Diners are accepted. Currency can be exchanged at the airport as well as in the center.

Visa and Passports

Citizens from the most European countries will only need a valid passport. Please contact the Greek Embassy of your country about the necessity of visa application.

Congress Secretariat



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Conference & Event Management

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